

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZS

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Scheveneels Judith HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 22: 100M BACKSTROKE MEN 11-12			Heat:4, starttime: 14:12
Heat: 4/5 Lane : 8 Athlete: VAN OOSTERWYCK ALEXANDER			Q-time: 01:29:80
PB (50m pool): 01:29.80 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:28.75 SB: no time			
	5 0 M	1 0 0 M	
PB	00:43.05	01:29.80	
	00:43.05	00:46.75	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:3, starttime: 14:21
Heat: 3/8 Lane : 7 Athlete: THEUNISSEN JOLIEN			Q-time: 01:33:71
PB (50m pool): 01:33.71 Antwerpen 13/07/2025 PB (25m pool): 01:32.12 SB: no time			
	5 0 M	1 0 0 M	
PB	00:45.96	01:33.71	
	00:45.96	00:47.75	
			

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 11-12			Heat:3, starttime: 15:02
Heat: 3/8 Lane : 7 Athlete: FLEERACKERS LAURA			Q-time: 01:27:53
PB (50m pool): 01:27.53 Antwerpen 13/07/2025 PB (25m pool): 01:18.86 SB: no time			
	5 0 M	1 0 0 M	
PB	00:39.86	01:27.53	
	00:39.86	00:47.67	
			

Coach feedback:

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Event number: 27: 100M FREESTYLE WOMEN 11-12			Heat:5, starttime: 15:06
Heat: 5/8 Lane : 4 Athlete: LYTVYNIUK-HUL SOFIA			Q-time: 01:20:52
PB (50m pool): 01:20.52 Antwerpen 13/07/2025			PB (25m pool): 01:21.55 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.56	01:20.52	
	00:38.56	00:41.96	
			

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 11-12			Heat:2, starttime: 15:16
Heat: 2/5 Lane : 3 Athlete: VAN OOSTERWYCK ALEXANDER			Q-time: 01:33:64
PB (50m pool): 01:33.64 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:14.63 SB: no time
	5 0 M	1 0 0 M	
PB	00:45.07	01:33.64	
	00:45.07	00:48.57	
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 13-14		Heat:4, starttime: 15:28
Heat: 4/4 Lane : 5 Athlete: VERRET JULIE		Q-time: 00:38:36
PB (50m pool): 00:46.27 Wezenberg Antwerpen 07/01/2024		PB (25m pool): 00:38.36 SB: no time
	5 0 M	
PB	00:46.27	
	00:46.27	
		

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 13-14		Heat:7, starttime: 15:37
Heat: 7/7 Lane : 4 Athlete: DE RIDDER ARNE		Q-time: 00:30:62
PB (50m pool): 00:30.62 Aalst 11/05/2025		PB (25m pool): 00:29.77 SB: no time
	5 0 M	
PB	00:30.62	
	00:30.62	
		

Coach feedback:

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Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:4, starttime: 15:45
Heat: 4/7 Lane : 2 Athlete: THEUNISSEN JOLIEN			Q-time: 01:39:17
PB (50m pool): 01:39.17 Antwerpen 13/07/2025			PB (25m pool): 01:33.96 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.65	01:39.17	
	00:47.65	00:51.52	
			

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:4, starttime: 15:45
Heat: 4/7 Lane : 6 Athlete: LESSELIERS EMILY			Q-time: 01:38:95
PB (50m pool): 01:38.95 Antwerpen 20/07/2025			PB (25m pool): 01:33.83 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.42	01:38.95	
	00:47.42	00:51.53	
			

Coach feedback: